

## Your rights in full lockdown

To stop the spread of COVID-19, some public housing buildings are currently under full lockdown. This is an urgent and temporary measure to protect the health of residents and the wider community.

In an emergency, the Victorian Government may temporarily restrict your rights if it has strong medical evidence to show the restriction is necessary. During full lockdown, your right to come and go freely may be restricted for a limited time, but the government must continue to respect your other rights.

You have a right to:

- be treated with dignity and respect
- be treated equally to other people in lock down
- access disability services and receive healthcare, including pre- and postnatal care, mental health care, access to drug and alcohol services, access to medications, and treatment if you test positive for COVID-19
- decide what medical treatment you receive
- decide who you share your health information with
- receive items necessary for personal health, hygiene and sanitation (including personal protective equipment)
- receive essential services such as electricity, water and heating
- receive food that is nutritional, sufficient, safe and culturally appropriate
- have sufficient opportunities for physical exercise and activities in the open air as soon as possible in the circumstances of the lockdown
- communicate with people outside your residence
- receive written information about the lockdown, your rights, and how to make a complaint in a language and format you understand
- get help with legal problems
- speak to diplomatic or consular representatives if you are a foreign national
- be free from racial and religious vilification.

If you've been affected by the lockdown, we can give you information about your rights, tell you how to make a complaint, refer you to other services or help you report your concerns:

- Call 1300 152 494
- Email [enquiries@veohrc.vic.gov.au](mailto:enquiries@veohrc.vic.gov.au)

For more information, visit our website at [www.humanrights.vic.gov.au](http://www.humanrights.vic.gov.au)

Legal advice is also available by calling 1800 113 432